SOUTHERN REGION TRAILS

PLAN YOUR ROUTE

EMERGENCY MARKERS

These markers are posted throughout the Preserve and are labeled on the map. Reference the nearest marker to assist emergency personnel in identifying your location.

TRAIL SEGMENTS

Trail segments are divided between emergency markers and labeled with the length in miles. Add the segments together to determine the total length of your route.

ELEVATION ABOVE SEA LEVEL

Use these labels to understand the elevation change (gain or loss) between trail segments and determine the level of difficulty you will experience along the trail.

MARICOPA TRAIL

This 315 mile trail loops the Phoenix Metro area and links nine of Maricopa County’s Regional Parks. For more info please visit: Maricopa.gov/parks/MaricopaTrail.

TRADE GUIDELINES

Yield to horses. Sudden movements or loud noises could frighten them. Bicyclists and trail runners should travel at safe speeds and yield to all others. Slow down and announce your approach. Motorized vehicles, including electric bicycles, are prohibited. Please be courteous and share the trail. When in doubt, give others the right of way. Protect the Preserve. Stay on the trail, avoid wet or muddy trails and do not disturb or remove plants, rocks or animals. Dogs must be on a leash at all times. Please pick up after your dog. There is no Poop-Patrol.

TRAILhead Addresses

Gateway
18333 N. Thompson Dr. Phoenix
SR7SM5
Lost Dog Wash Trailhead
23015 N. 128th St.
Sunrise
12215 E. 148th Way
Tom’s Thumb
23033 N. 136th Dr.
WestWorld
16801 N. Pima Rd.

LOST DOG WASH TRAILHEAD

EASY ROUTE

Route: Lost Dog Wash/Ringtail/Sunrise/Lost Dog Wash

RINgTAIL TRAIL/LOST DOG OVERLOOK LOOP

This relatively easy loop trail takes you to the Lost Dog Overlook and affords outstanding views of the higher peaks of the McDowell Mountains to the north, and the Lost Dog Wash bajada to the south, and even views to the distant San Tan Mountains. This route is very rocky and users should plan accordingly.

ROUND TRIP:
2.3 miles
Approximate Time:
30 minutes
Elevation Change:
247 feet

MODERATE ROUTE

Route: Lost Dog Wash/Taliesin Overlook/Lost Dog Wash

LOST DOG WASH TRAIL TO TALIESIN OVERLOOK

On this route you will parallel the Lost Dog Wash as it spills out of the McDowell Mountains. Your destination is the Taliesin Overlook, where you will enjoy iconic views of north Scottsdale and Pinnacle Peak to the west. You will also catch a distant glimpse of Frank Lloyd Wright’s desert masterpiece, Taliesin West, from the overlook. This route is very rocky and users should plan accordingly. Taking the alternate route back on Old Jeep Trail will add 1 mile to the route.

ROUND TRIP:
4.1 – 5.3 miles
Approximate Time:
1 hour
Elevation Change:
337 feet

DIFFICULT ROUTE

Route: Lost Dog Wash/Sunrise/SR13/Sunrise/Lost Dog Wash

SUNRISE TRAIL TO SR13

From its junction with the Lost Dog Wash Trail, the Sunrise Trail climbs steadily along mountain ridges studded with lush Sonoran Desert vegetation. This route is steep and very rocky in places with several sets of switchbacks. Recommended for experienced and well prepared users only.

ROUND TRIP:
5.8 miles
Approximate Time:
1.5 hours
Elevation Change:
1100 feet

* Calculated on horse pace of 4 to 5 MPH.

REMEmBER To C.H.E.C.K.

For more information, go to ScottsdaleAZ.gov and search ‘Preserve’.